



Husky Headlines

Volume 3

November 27th, 2009

SHE PTA Monthly Publication

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Dates that Rate:

Dec 2 9:30a PTA Meeting

Dec 8 Chick-Fil-A night at
Windward Location

Dec 9 Food for Thought
Seminar *The Anxious Child*

Dec 15 9:30a Katie Reeves
Community Meeting, *Bir-
mingham Falls*, Band Con-
cert 6:30pm

Dec 21 - Jan 1 Winter
Break

Jan 29 BINGO NIGHT!

A note from the PTA Co-Presidents...

Families of Summit Hill Elementary,

November is a time to consider all that we are thankful for in our lives. Here at Summit Hill Elementary we are thankful for many people and activities. First, we are thankful for our teachers, who give tirelessly, buy supplies for their classrooms with their own grocery money and work despite the furlough days. Teachers, we see all that you do to provide a good education for our students and we are most thankful for you and your commitment. We know how hard you work and give this sincere thank you for all that you do. Second, we are thankful for our students and parents. The melding of students and parents from three schools has created a warm and welcoming environment. Also, the generous support through parent volunteers has contributed to a great PTA. We appreciate not only the time you have given to the school, but the creative and practical ideas parents have brought to Summit Hill. Finally, we are thankful for the great fundraisers we have had in these few short months together: Boosterthon and Fall Carnival. Both were a success and will fund important resources for our students during these difficult economic times. We also enjoyed Donuts with Dad, Movie on the Lawn, and eating together at the various restaurants that support Summit Hill Elementary. It has been a good year thus far.

In addition, there are still many more fun events planned for the year. Join us at Barnes and Noble as some of our school staff read to the children. A percentage of your purchases will support Summit Hill Elementary. Also, we will launch the Summit Hill PTA web site soon, which will keep you up to date at the school, state and national PTA levels as we continue to advocate for all children.

Have a safe and Happy Thanksgiving,

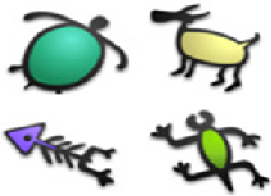
Denise Hackman and Stephanie Jack

PTA Co-Presidents

Student Directory

The 2009/2010 Summit Hill Elementary School Student Directory has been distributed to all who purchased one. If you are a PTA member and would like to purchase a Student Directory or would like to buy an extra copy, please email Tiffany Siegel at tandems@bellsouth.net. The cost of the directory is \$5.00. If you are not a PTA member and would like to become one and purchase a directory, please email our Membership VP, Susan Dumon at sdumon@bellsouth.net.

Paint was flowing this month in the Art EDventures studio



Thank you to all the parents who volunteered and played an important role in helping with the 1st grade, Kindergarten and the 4th grade projects. We cannot do this without you. November began with the 1st graders who painted their own “Monet” masterpiece on white tiles. Children chose a season for their “Haystacks” painting. All seasons were well represented!! Next, the Kindergarteners painted the transformation of a catipillar into a butterfly on plexiglass after learning about the artist Andy Warhol. A special Thank You to Mike Roush who drilled two holes in approximately 150 squares of plexi-glass; which allowed the children to add string and proudly hang their artwork at

home!! Last, but not least, our 4th graders had the privilege of creating a necklace displaying a petroglyph (that the child paints) on a Mexican river rock, after learning about Native American culture. We are enjoying the enthusiasm generated by the children as they create their masterpieces and are looking forward to next month.

During this season of thanks, we are also very appreciative of the ArtED Team: Lead Administrators, Laurie Hardin & Julie Hink and of all the ArtED Grade Level Chairs who dedicate their time to set-up the studio, train volunteers, coordinate the lessons and do so much more. We are fortunate to have a team of creative and hard-working parent volunteers who give their time, talent and positive energy to the program. Thank you.

Happy Thanksgiving.

We've got Talent!

This year, we received over 30 entries for the National PTA Art Reflections program. Many of these, in the Photography, Visual Arts, Music Composition and Literature categories, have been selected to go on to the Council Level. All the children who submitted an entry were recognized and awarded certificates at the Art Reflections reception earlier this month. It was wonderful to see all the artwork, proud parents and happy children.



We'd like to give a huge Thank You to Tammy Hansen for coordinating the program at Summit Hill Elementary and for dedicating the time and effort required to ensure the program is a success. We also thank Tammy's husband, Dan and daughter Olivia for their participation at the reception. You are all very much appreciated.

Healthy Husky Recipe Contest

Winner for October: Scott Hoffman in Ms. Kramer's 5th grade class.

Recipe: Hay Stacks

2 cups Original Fiber One cereal

½ cup chocolate chips

¼ cup butterscotch chips

Microwave chips 45 seconds on HIGH in a large mixing bowl. Stir. Microwave another 45 seconds. Mix in cereal. Drop by spoonfuls onto wax paper to harden. Makes 12 haystacks.

Spread the stack out a little because it is easier to eat. Taste better when kept cold in the refrigerator.

Place your healthy recipes in the barking dog at the front desk! He will sing for you!

SHE Heath and Wellness Committee

Family Traditions and Children

By Leah Davies, M.Ed.

Family traditions enhance children's emotional well-being by helping to create feelings of security, continuity and identity. Families with established traditions and those who actively form new traditions are more likely to create strong bonds among members. Thanksgiving is one such example.

Some ways to cultivate gratitude in children are:

- At mealtime or bedtime, hold hands and name something or someone each is grateful to have in his/her life.
- Keep a family "Appreciation Journal" to be read on Thanksgiving Day. Place it in a central location so that everyone can make entries throughout the year.
- Encourage children to donate their used clothing, toys or part of their earned money or allowance to a charity.

Other family traditions that increase a child's sense of security and emotional well-being:

1. Read stories or books aloud together.
2. Film family celebrations or take pictures that help children recall pleasant memories.
3. Tell family stories.
4. Watch movies or television shows together that are educational or that reinforce your values.
5. Set aside an evening once a week when you eat pizza or popcorn and watch a movie or play a game together.
6. Participate in bedtime rituals such as telling or reading a story, singing a song, and/or saying a prayer.
7. Share interests such as gardening, baking, hiking, playing an instrument, playing a sport, etc.
8. Do activities together - take walks, have a picnic, visit museums, volunteer, etc.
9. Prepare traditional foods made for certain occasions.
10. Work together as a family to help someone else.
11. Make a sign to welcome a family member home after a trip.
12. Commemorate birthdays, graduations, weddings, anniversaries and holidays together in your own distinctive way.
13. Encourage kindness. When your child does a good deed, acknowledge it in some way.
14. Bake items or make handmade cards to express caring for others.
15. Ask your children to suggest new family traditions.
16. Have family meetings to discuss concerns, happenings and to set goals.

If children participate in developing and celebrating meaningful family traditions throughout their lives, they will be more likely to feel confident and optimistic about their futures.

Article edited to shorten.

Used by permission of the author, Leah Davies, and selected from the Kelly Bear website [www.kellybear.com]. 8/06

Holiday Shopping with SHE Business Partners

As you do your holiday shopping, remember that you can earn money back for our school by working with our business partners! For example, Summit Hill can earn money back from all of your Amazon.com purchases if you access Amazon through the link provided on our PTA website (www.shepta.org). The same system works with Artome (Sweet Pea Designs) for holiday cards and stationery. Many other partners are offering special holiday deals this season: Bruster's will give \$5 to SHE for every \$25 Bruster's gift cards purchased (Hwy 9 location). Scottsdale Farms will give \$5 to SHE for every Christmas tree purchased as well as money back for all of your purchases if you let the cashier know you are with SHE. For more details, see the business partners section on our website: www.shepta.org. Happy shopping!!

Save the Date!

Book Fair is on it's way to Summitt Hill Elementary

Jan. 25th-29th - Class previews

Jan. 29th - Begin purchasing at Bingo Night

Feb. 1st - 5th ~ Open purchasing, schedule to be announced

** Volunteers are needed! If you are interested in helping, please contact Stacy Newell smnewell66@yahoo.com or Jodi Niblock jniblock@comcast.net **

SHE PTA Website Update

We are happy to announce that the SHE PTA website is up and running and can be found at www.SHEPTA.org. Our webmaster, PTA Volunteer, Lene Neesbye-Hansen has been hard at work these last few months gathering information and getting the website online. Many thanks to Lene for all her hard work!

In case you are wondering what the differences are between the www.SHEPTA.org website and the www.summithillelementary.org website, the SHEPTA website will have information related to functions provided by the PTA and the Summit Hill Elementary website has information provided by the school's administration and staff. There will be occasional functions that will appear on both the SHE website and the SHE PTA website. Both websites will have links to each other. We encourage you to visit and be familiar with both websites as both provide valuable and interesting information to our Summit Hill Community.

SHE PTA Monthly

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Fax Number: 770-667-2834
School Day: 7:45 a.m. – 2:15 p.m.

Climb to the Top with Us.

The next volume of Husky Headlines will be published on December 18th, 2009. Please submit approved articles by December 4th.

With thanks from your editor,

Jennifer Pino

jenniferwpino@hotmail.com

PLEASE REMEMBER TO SIGN OUT WHEN YOU VOLUNTEER!

Thank you for signing in on the computer when you volunteer. **Please remember to sign out when you leave the building!** When we fail to sign out, the system counts us as working *all day*. Since we report these volunteer hours to Fulton County, we make every effort to report accurately. Thank you so much for your help!